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Urban Trail

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Cagliari will host the first edition of the Urban Trail on October 12.

The Urban Trail is an event that brings people closer to the sport in the city. The Urban Trail, in its first edition, develops into a series of night routes, walking or running into the heart of the city, in the historic neighborhoods, in the most typical streets of Cagliari, as already happens in the cities of Lisbon, Porto, Bilbao and some Italian cities. We will pass the most hidden corners of the city, in perfect peace and security. The aim of this challenge is to propose a new and exciting adventure not only for citizens, but also for tourists who arrive each year in Sardinia looking for a stimulating and alternative holiday. The Glesport, who starred in other major sporting events, will be organizing this event. "A foot race through the streets of downtown, the rediscovery of historical and cultural attractions in Cagliari." The race is divided into two routes: Approximately 6 km to the walk and about 10 km to the race, so that everyone can participate.

Participants will run through the streets, alleys, stairs, squares and gardens that are home to the most important monuments of the city; they will walk the sidewalks, crosswalks, bike lanes, and cross the most known places frequented by Cagliari's youth. All participants will receive a spotlight and a colorful t-shirt for making more visible the path and creating a more choreography effect in the city.

ROUTE The Urban Trail will pass through the historic districts of Cagliari: Marina, Villanova, Stampace and Castello. We will hike the most enchanting places such as: Bastioni of S. Croce and Saint Remy, Tower of the Elephant, Portico Vivaldi, Buoncammino, Public Gardens, Piazza Yenne, Cathedral, Piazza Carlo Alberto, Ladders of S. Chiara and many others. The start (9.00 p.m.) and the end of the race will take place along the street of Mercato Vecchio. The event is sponsored by the City of Cagliari, UISP and various private companies such as the Wall Street English school, as well as by traders who overlook along the way.

On the website <http://www.urbantrailcagliari.com> all the information for registration.

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